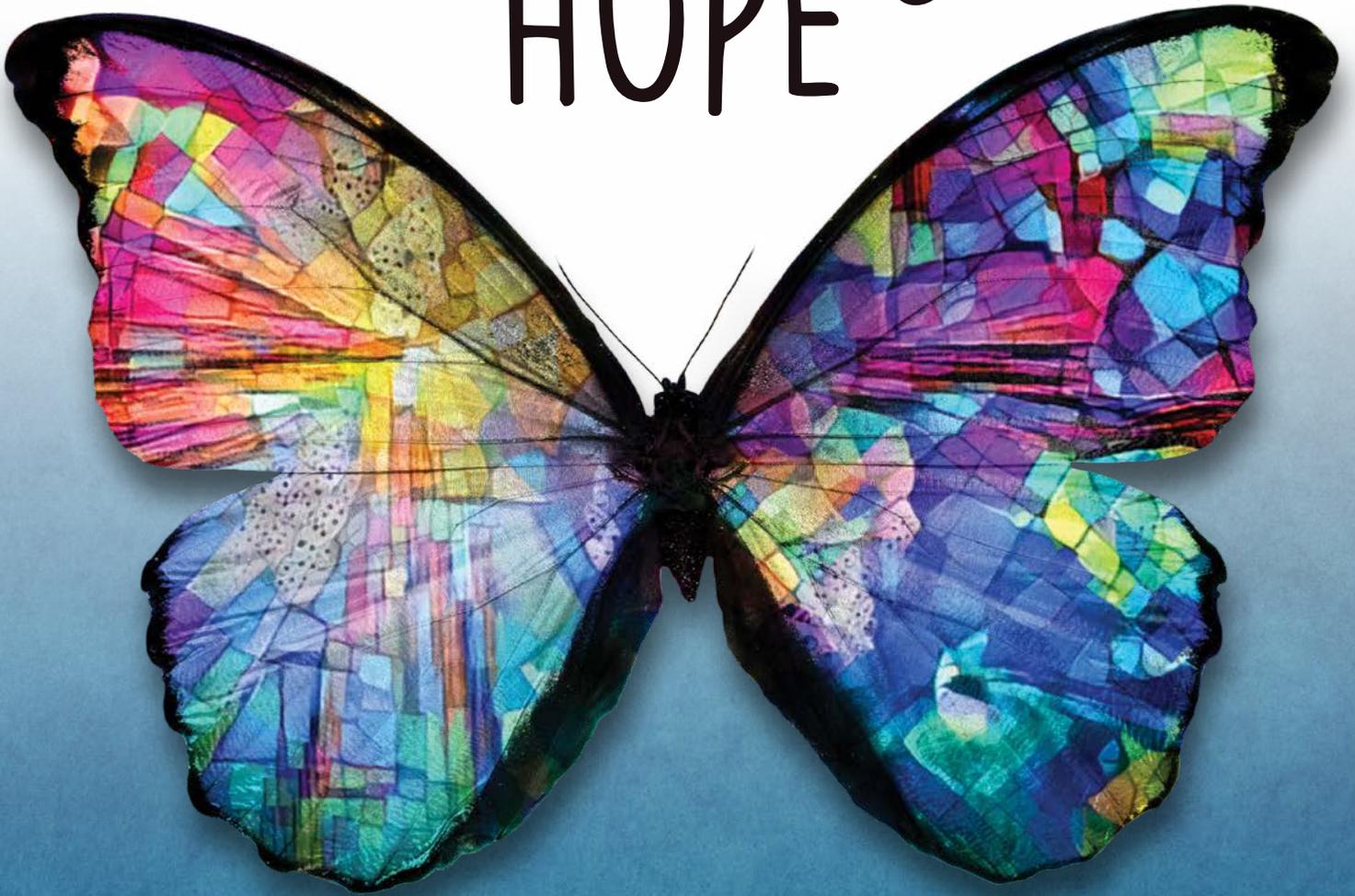


Restoring HOPE



VISTA MARIA
REBUILDING LIVES SINCE 1883

2019 ANNUAL REPORT

2019 *Missional Impact*

133

youth served in
AFTERCARE
PROGRAMS

91%

of youth in
RESIDENTIAL
TREATMENT
experienced successful
progression in their
treatment plans

190

Youth served in
our FOSTER CARE
programs

100%

IMPROVED MORAL
DEVELOPMENT
On-Campus Independent
Living Programs

26

TOTAL
ADOPTIONS
18 of which were
over the
age of 5

253

Youth served in
AFTER SCHOOL
and VOCATIONAL
programs

2,048 VOLUNTEERS

served for 19,327 hours providing \$491,485 worth of service in 2019



TRAUMA INFORMED CARE IN A VALUES BASED CULTURE

What sets Vista Maria apart from any other human service organization is our unwavering commitment to the values and mission set forth by our foundress, Sr. Mary Euphrasia of the Sisters of Good Shepherd. These guiding principles of Mercy & Compassion, Individual Worth, Zeal, and Reconciliation are key to our successful service delivery and positive outcomes for our youth.

Our Vision: All children, families and communities achieve success through learning and restorative relationships that promote personal, professional and family wellbeing.

Our Mission: We foster innovative care, treatment, and education focused on restorative relationships so that vulnerable youth believe in their worth, heal and build the skills for success.

In 2019, Vista Maria continued to improve as a trauma informed organization through the Risking Connection and Trauma Response Implemented Practiced models. Ninety-nine percent of staff completed the three day Risking Connection training. We highlighted our accomplishments and commitment by celebrating our one year implementation milestone with a Risking Connection celebration in August 2019. We are proud to say that since the introduction of Risking Connection we have reduced the need for physical interventions with clients and strive for restorative relationships instead of punitive actions. We are proud to note that because of our Risking Connection program, we focus on finding the cause of a behavior and developing restorative relationships moving away from traditional methods of points and action plans.

Vista Maria's philosophy of care continues to thrive and is highlighted by Pura's story.



A LETTER FROM VISTA MARIA'S PRESIDENT

Dear Friends,

Thank you for your continued partnership in our mission. All of us in the Vista Maria family work together to help a young person face the challenges of a life that has been filled with trauma and heartbreak. Our work is focused on helping to promote self-awareness, adaptation and development. Through this process, we build restorative relationships so that a youth builds strength through adversity. I am excited to share the story and recent achievement of Pura Strong.

When Pura came to Vista Maria, she had been in and out of foster homes and hospitals. She had suffered abuse from her adoptive family. She felt alone, unworthy of love, and at times, unworthy of life itself. All through her childhood, Pura experienced intense heartache. Through partnership with the Vista family, Pura did the work necessary to heal by building restorative relationships, learning, and growing. She also challenged herself academically; and in December, she graduated from Ferris State University with a Bachelor's Degree in Social Work. Even more impressively, she has been accepted into the graduate school at Clark Atlanta University where she will begin work on her Master's Degree.

Today, Pura is a beacon of light to everyone she meets. Her smile radiates a love of self and of others that is truly amazing. She now sees and believes what we saw within her so many years ago. She has let go of the past and is striding confidently toward her bright future. In her high school commencement address, Pura said, "I will forever be grateful to those who saw potential in me when I didn't see it in myself."

It is stories like Pura's that keep us striving to improve in our work. We are relentless in finding the right way to connect with each youth to help her feel a sense of connection and hope. From hope, we can help a young person to heal and grow. Sometimes the healing and growth occurs when we can experience it such as the case with Pura and other times it is years later. So, it is essential that we celebrate the small things as well as the significant achievements and let the young people in our lives know that they matter and that every day provides a new opportunity.

The partnership made possible through the Vista Maria staff, teachers, mentors, and generous donors enables a child to move beyond trauma, heal and build a success filled life. This is the work of Vista Maria and the mission that draws us together. Thank you to all who support Vista Maria and believe in the power of healing and empowering youth so that they can fulfill their dreams.

With gratitude,

Angela Aufdemberge
President and CEO

A handwritten signature in black ink, appearing to read 'Angela Aufdemberge'. The signature is fluid and cursive, with a large loop at the end.

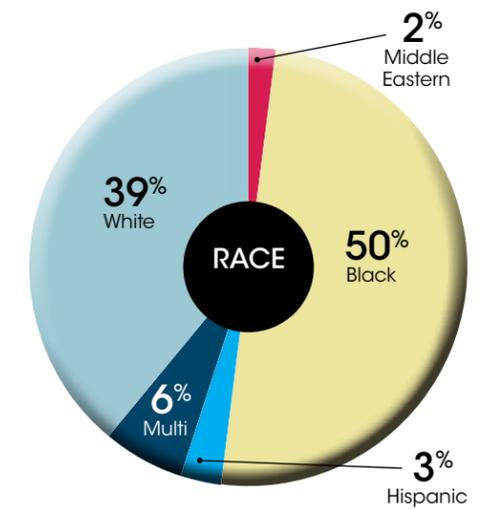
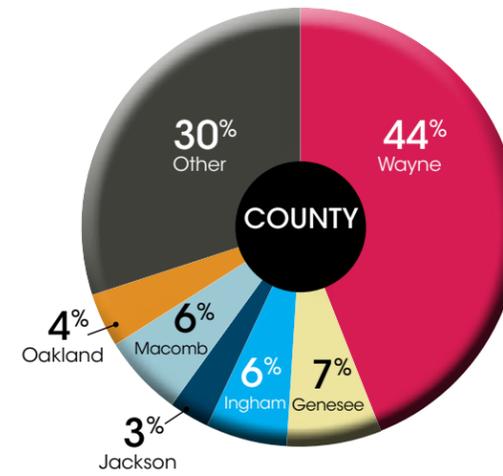
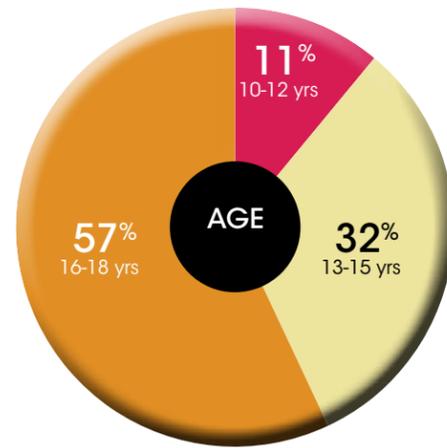


Program DEMOGRAPHICS

RESIDENTIAL

TOTAL SERVED IN 2019: 250

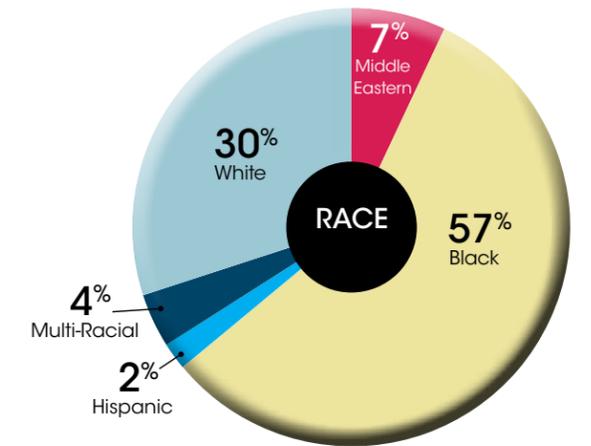
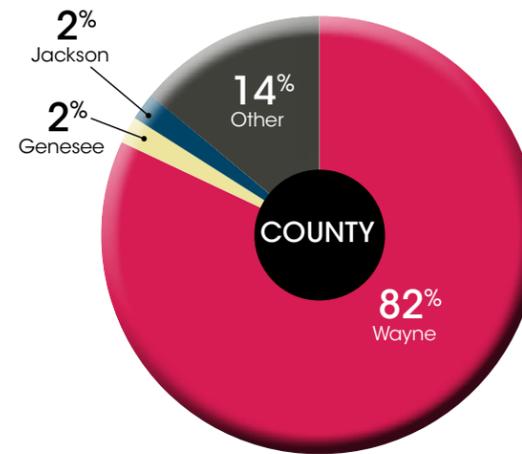
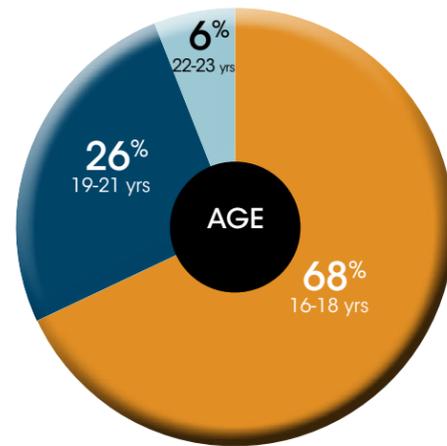
Vista Maria's Residential Mental Health Treatment programs offer an array of specialized gender focused best practice models for delivering effective therapeutic treatment.



ON CAMPUS TRANSITIONAL LIVING

TOTAL SERVED IN 2019: 43

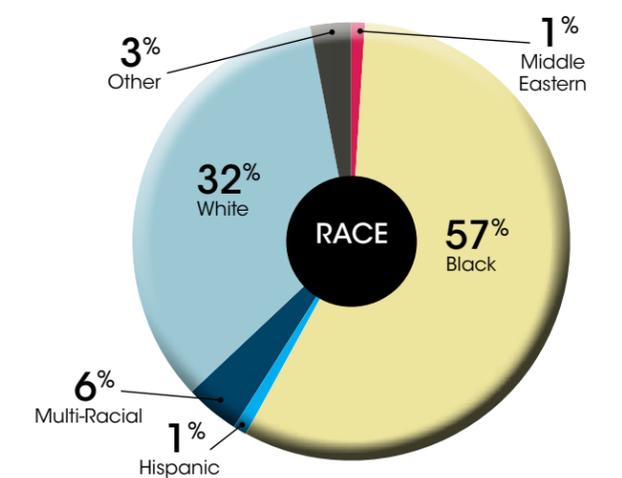
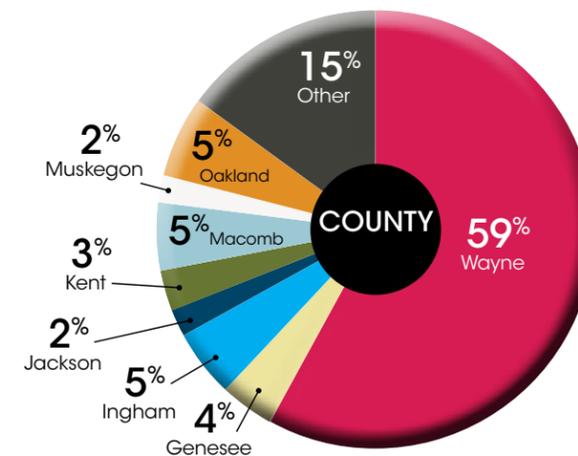
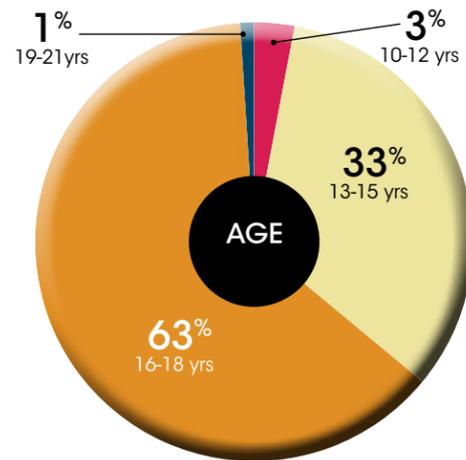
The Transitions and Shepherd Hall Transitional Living programs on Vista Maria's campus offer safe and secure housing along with transitional and independent living skills programming on campus, so young women can develop the skills needed for life-long success.



INTENSIVE AFTERCARE

TOTAL SERVED IN 2019: 133

Vista Maria's aftercare program is unique in that it begins the moment a child comes into our care. The Intensive Aftercare Program extends Vista Maria's support to the family while a child is in our care and when she returns to her family and community, sustaining her success.



Core VALUES

INDIVIDUAL WORTH We are passionate about people. Honoring Vista Maria's spiritual foundation, we respect the sanctity of life, and we value the intrinsic dignity and inherent worth of each person.

RECONCILIATION We empower our employees, youth and families to achieve positive change and to find personal peace in their relationships with family and society.

MERCY & COMPASSION We recognize that all people sometimes make mistakes and need the support of others to be restored to physical, psychological and spiritual health.

ZEAL We value the passionate giving of our time and talent in service of the welfare of others and the betterment of our world.



COMMUNITY INDEPENDENT LIVING

TOTAL SERVED IN 2019: 60

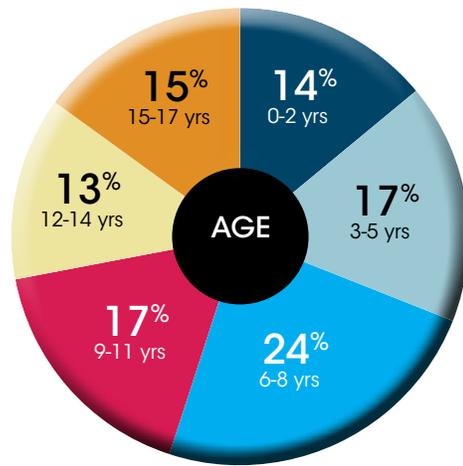
GENDER
FEMALE = 35
MALE = 25

Vista Maria's community-based programs provide services for high-risk girls and boys in their home communities. We offer services to the youth and their families and are dedicated to teaching personal responsibility and communication skills, providing educational assessment and planning, and helping with employment readiness.

FOSTER CARE

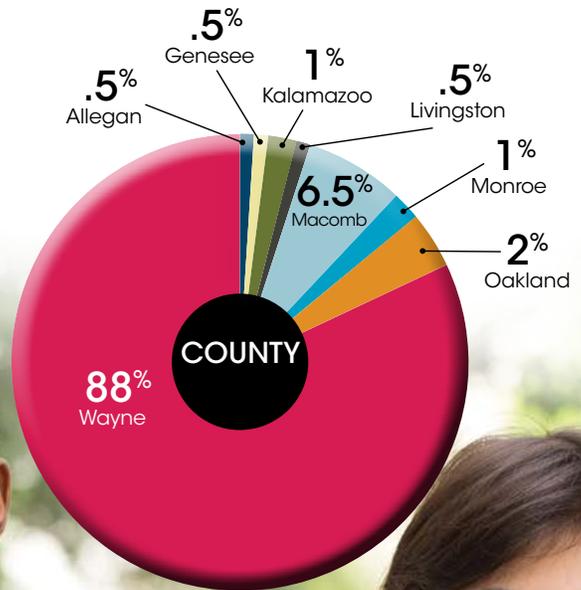
TOTAL SERVED IN 2019: 190

Vista Maria provides General and Treatment Foster Care services for youth ages 0-25. Our dedicated foster care team provides the highest level of support, training and resources throughout the licensing and fostering process.



GENDER

FEMALE = 58%
MALE = 42%



JOURNEY TO SUCCESS

TOTAL SERVED IN 2019: 253

GENDER

FEMALE = 134
MALE = 118
OTHER = 1

Vista Maria provides youth with a safe, educational and non-judgmental environment to receive academic and emotional support from caring providers via a wrap-around service approach. The afterschool programs are designed to attract and retain youth and include sports, arts and culture, counseling, and tutoring.

2019 Financials

Current Assets

Cash and Cash Equivalents	\$6,072,618
Investments	9,134,095
Accounts Receivable	4,577,404
Prepaid Expenses	379,544
Fixed Assets-Net	15,841,430
TOTAL ASSETS	\$36,005,091

Liabilities and Net Assets

Current Liabilities

Accounts Payable	\$766,708
Accrued/Other Liabilities	1,427,956
Notes Payable	1,439,000
Pension Obligation	4,900,473
TOTAL CURRENT LIABILITIES	\$8,534,137

Net Assets

Without Donor Restrictions:	
Undesignated	\$7,967,997
Investment in Capital Assets - Net	14,402,431
Board Designated	2,442,431
With Donor Restrictions	2,658,095
TOTAL NET ASSETS	\$27,470,954
TOTAL LIABILITIES & NET ASSETS	\$36,005,091

Revenue

All Revenue	Amount	Percent of Total
Direct Care/Programming Fees	\$20,112,679	63.9%
Care Management Org./Service Rev	8,607,389	27.4%
Contributions and Program Grants	2,286,934	7.3%
Rental Income	277,080	.9%
Other Supportive Services	181,100	.6%
TOTAL REVENUE	\$31,465,182	100.00%

Expense

Program	Amount	Percent of Total
Direct Care/Programming Expense	\$26,386,997	87.9%
Supporting Services		
Management and General	2,968,483	9.9%
Fundraising	652,877	2.2%
TOTAL EXPENSES	\$30,008,357	100.00%

Change in Net Assets From Operations \$1,456,825

Other Changes in Net Assets	(123,387)
TOTAL CHANGE IN NET ASSETS	\$1,333,438

2019 EXECUTIVE LEADERSHIP

Angela Aufdemberge

President and CEO

Meredith Reese

Chief Integrated Behavioral Health Officer

Kathy Regan

Chief Financial Officer

Donald Fields

Vice President, Organizational and Individual Development

Karen Hall

Vice President, Residential Programs

Tiffany Kelsey

Director, Human Resources and Quality

Kelly Small

Director, Strategic Initiatives

Michael Smith

Director, Foster Care & Independent Living

Mary Vogt

Director, Marketing and Fund Development

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(Board Chair)

Denise Hogstrom

EVP, SSES Global | Managing Partner,
DMH & Associates (Vice Chair)

Russell Agosta

Retired Partner, Grant Thornton LLP
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Lynn Quigley

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James Bernacki

Senior Vice President, Comerica Bank
(Member at Large)

Sister Marta Ceballos

Sisters of the Good Shepherd
(RGS Representative)

Greg Spinazze

Wealth Strategy Partners
(Member at Large)

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Retired Director, State of Michigan

Alexis Wiley

Chief of Staff, Mayor's Office, City of Detroit

Mary Williams

Vice President, Insurance Exchange



2019 DONORS

With joyful gratitude, we humbly thank our many donors who make our missional work possible. In an effort to be more environmentally conscience, we have opted to not print the list, but instead, published the list of 2019 donors on our website at www.vistamaria.org. Thank you for your support!



20651 W. Warren Ave.
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www.vistamaria.org

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Founded by the Sisters of the Good Shepherd

What's on Vista Maria's Horizon?

The Aaron and Helen L. DeRoy Freedom Center, completed in February 2020, is the latest building expansion on Vista Maria's campus. The opening of the building enables Vista Maria to care for more children in the Wings treatment program for adolescent female survivors of human trafficking. This \$4.9 million treatment center is the newest and largest building on campus, equipped with an Emergency Intake Wing, and 16 additional treatment beds.

