

VISTA MARIA

2021-2022 DREAM MENTORING

Thank you for your interest in becoming a Mentor in Vista Maria's Dreams Realized through Education And Mentoring (DREAM) program!

Who/What is a DREAM Mentor? That's YOU!

Did you know that one, caring adult relationship can help a child build resiliency from their trauma? As a DREAM Mentor, you will be a positive adult role model assisting our youth (the Dreamers) in planning for their future.

Together, we'll use interactive activities that allow our Dreamers to foster ownership and love for their educational journey, explore different career opportunities and enhance necessary life skills.

Who are our Dreamers?

Our Dreamers are youth in Vista Maria's residential care. They are 11 to 18, and are on their own individual journeys towards success. Youth that choose to participate in the program are serious about receiving academic and life skills support, as well as working with a DREAM Mentor to accomplish their goals.

We want each of our Dreamers to reach their full potential and make meaningful, informed and responsible decisions regarding their future. DREAM Mentors will serve as a source of support, guidance, and inspiration while helping youth build their skills in the following core areas:

- ★ Goal setting and attainment
- ★ Career planning/workforce readiness
- ★ College or Trade School preparation
- ★ Critical Thinking and Problem Solving
- ★ Self-advocacy & empowerment
- ★ Community service
- ★ Power of Positive Relationships
- ★ Leadership Development

Time Commitment:

DREAM sessions are held every Tuesday from 5:30 p.m. to 7:30 p.m. Mentors will attend every other week, beginning September 21, 2021. Please note: You can join the DREAM family at any point during the year!

Dinner will be served at 5:30, with programming and activities to begin at 6pm. We highly encourage DREAM Mentors to eat dinner with their Dreamer(s).

DREAM Mentor Requirements:

- Attend DREAM Mentor Orientation
- Attend bi-weekly Tuesday DREAM session
- Make a commitment for the semester
- An open mind, and open heart

Required Documents for DREAM Mentors:

- Completed Volunteer Application (attached)
- Negative Tuberculosis Screening Test Results
- Department of Health & Human Services Clearance
- Image Consent form

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2021-2022 School Year DREAM Mentoring Sessions (Tuesdays, 5:30pm-7:30pm)*

- ★ **First Semester: September 14, 2021-December 14, 2021.**
Mentors will join us bi-weekly, beginning on September 21.
- ★ **Second Semester: January 11, 2022-June 21, 2022.**
Mentors will join us bi-weekly, beginning on January 18.

*Session dates are subject to change throughout the year.

Meeting Location:

Vista Maria
Child and Family Resource Center (CFRC) Building #11
20651 W. Warren Ave.
Dearborn Heights, MI 48127

FAQs

Q: What if I can't make every meeting?

A: We ask that you make as many group sessions as possible, but we get it! Life happens! Just let us know when you miss a session so we can let the youth know, and make sure you are kept up to speed with what we're working on.

Q: I can't commit to coming every other week, can I still volunteer?

A: ABSOLUTELY! Each of our sessions has a specific topic, and we'd love to have subject matter experts join us for those sessions, especially our Career Fair. Have a special skill or talent you want to share with our kids? We can make a workshop session based on your schedule.

Any other questions? Please feel free to reach out!

Warmest Regards,



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