

# 2021 MISSIONAL IMPACT

**63 – YOUTH SERVED**  
in Intensive Aftercare

**90 – YOUTH SERVED**  
in Journey to Success

**227 – YOUTH SERVED**  
in our Foster Care Programs

**68 – FAMILY  
REUNIFICATIONS**

**29 – TOTAL ADOPTIONS**

**310 – VOLUNTEERS CONTRIBUTED 3,337 HOURS TO VISTA MARIA THIS YEAR**  
Our volunteers gave the organization \$89,865 worth of service in 2021. Due to COVID-19, all non-essential traffic was reduced, resulting in a decreased level of volunteer participation. We are looking forward to welcoming more volunteers in 2022.

**19 – YOUTH & FAMILIES**  
Served in Community  
Wrap Around Program

**64 – GRANTS RECEIVED**  
for Programs

**MAP & VISTA MARIA OFFICIALLY JOINED  
FORCES TO COMBAT HUMAN TRAFFICKING**



**LAUNCHED NEW  
BRAND & WEBSITE**

**RECEIVED COUNSEL OF  
ACCREDITATION (COA)  
RE-ACCREDITATION**

## CORE VALUES

*Driven by love, courage and vision, the Vista Maria team practices their core values every day. The values guide how we approach our work and relationships with our young people, families and community.*

### INDIVIDUAL WORTH

We are passionate about people. We value the intrinsic dignity and inherent worth of each person. We value the diverse spiritual, cultural heritage and background of each individual. We strive to treat each person with respect and give everyone the opportunity for growth and individual expression.

### MERCY & COMPASSION

We demonstrate compassion, kindness and genuine concern for others in all of our actions. We recognize that everyone makes mistakes and needs support of others to be restored to physical, psychological and spiritual health.

### RECONCILIATION

We value effective teams that work together in harmony and resolve conflicts to promote respectful, courageous communication. We empower our employees, youth and families to achieve positive change, to find personal harmony and to reach peace in their relationships with family and society.

### ZEAL

We value the passionate giving of our time and talent to the welfare of others for the betterment of the world. We drive and support change that effectively delivers results with creativity and flexibility. We maintain enthusiasm and endurance even when circumstances are very difficult and discouraging.

# VISTA MARIA

20651 W. Warren Ave.  
Dearborn Heights, MI 48127  
[www.vistamaria.org](http://www.vistamaria.org)



Founded by the Sisters of  
the Good Shepherd

## WHAT'S ON THE VISTA MARIA HORIZON?

The Vista Maria Senior Leadership Team has implemented the Six Core Strategies Model for Transforming Residential Interventions. In partnership with Building Bridges Initiatives, the team is implementing best practice strategies to improve outcomes for families and the work environment for our staff. Teams were developed to implement various strategies such as a new staffing model, family driven care, and workforce development. One committee focused on strategies that support self-soothing techniques which help an individual to calm and relax themselves when they are feeling overwhelmed both physically and emotionally. As part of the initiative, we are converting rooms in residential buildings into sensory rooms for youth. A sensory room is a space designed to help individuals use their 5 (or up to 7) senses to de-escalate intense emotions and thoughts through self-regulating techniques. Sensory rooms typically use light, sound, color, and other sensory cues to calm and engage the individual. The sensory rooms help youth learn and engage coping strategies for self-care, self-regulation and self-soothing. With one room fully constructed, we are looking forward to continuing to add these enhancing rooms throughout campus in 2022.





# A COMMUNITY OF FEARLESS HEARTS



At Vista Maria, we are driven by an unrelenting quest to provide the best care and support for vulnerable children and families. Vista Maria's philosophy of care provides a framework of guiding principles that reflect our mission, values and competencies. The philosophy guides our employees to seek the best possible outcomes for youth and families. The four principles of our philosophy of care are Values Matter, Compassion for One Another, Education is Power and Families United. We are bold in the relentless pursuit of providing the tools for healing and self worth, spaces to learn and grow, and the encouragement to live a life beyond trauma. Over the decades of service, we know that it takes a fearless heart to overcome the challenges of abuse and trauma and embolden others to fulfill their dreams.

## OUR MISSION

We foster restorative relationships and deliver innovative care, treatment, and education so that vulnerable youth and families believe in their worth, heal and build the skills for success.

## OUR VISION

All children, families and communities achieve success through continuous learning and relationships that promote personal, professional and family well-being.

## 2021 – A YEAR OF FOCUS ON FAMILY REUNIFICATION

*Vista Maria's philosophy of care provides a framework of guiding principles that reflects our mission, values and competencies. The guiding principle of Families United is that we embolden the power of families and communities. Most youth in our residential care have at least one parent or close family member who is still living: an aunt, uncle, grandma or even sibling. It is always our primary goal to reunite the youth with a family member. This requires extensive collaboration from our team of highly trained specialists, along with many community partners to determine if family reunification is appropriate. Bringing a family back together is much harder than one would imagine. Following out of home care, a family needs to get to know each other all over again. Many times, the issues that led to the child being removed are often there. Unreliable childcare that makes keeping a job hard and financial problems that become a juggling act between buying food and paying bills. We work to prepare the family for reunification by providing services that support them through this process.*

*We know the importance of keeping families together and helping build positive networks for a child to thrive. Parents need to be engaged early and supported in obtaining services and overcoming challenges. It all begins with compassion for every single young person we serve, because we see the spark in their eyes when their own heart feels the change.*



Science Class

## A LETTER FROM VISTA MARIA'S PRESIDENT

Dear Vista Maria Supporter,

When the leadership team of Vista Maria began planning for 2021, we thought that the promise of vaccinations would eradicate COVID-19 and its effects. So, our plans were big and bold with innovation and new programming at the forefront. While we experienced a reprieve early in 2021, the impact of COVID continued, and we needed to place all our effort on keeping children, families and staff safe. COVID and other related factors caused staffing shortages within our residential and foster care programs. We felt defeated but pushed through as many staff members doubled and tripled up on jobs and shifts throughout the spring and summer. We are blessed to have a great team.

Selection and retention of values centered, competent staff is essential to protecting, encompassing, emboldening and empowering youth and families. The work responsibilities at Vista Maria require competency within various professions yet, equally as important is the deep-rooted belief and adherence to our philosophy of care. These are not just words on a page, but activated in every job responsibility. Our philosophy of care includes the daily living of our values. The values that were passed on from the Sisters of Good Shepherd which include Individual Worth, Mercy and Compassion, Reconciliation and Zeal. In addition Values Matter, Education is Power, Compassion for One Another and Families United provide the four pillars of our care philosophy.

In 2021, Vista Maria invested time and energy learning about a model called Six Core Strategies. Six Core Strategies is an evidence-based practice to prevent conflict and improve long term outcomes for youth and families out of home care. We participated in training and coaching within the Emerging Leaders Collaborative, learning how to apply the Six Core Strategies, and we focused on how to improve our work surrounding and empowering families. Ten years ago, the youth was at the center of the care and treatment plan. Over the years, we learned that connecting with family adds to our therapeutic tools in two powerful ways. First, connecting children with one or more persons they identify as family brings hope and a sense of worth for a child. Second, family connections and working with a family unit empowers them to forge restorative relationships and enables a lasting permanency plan. The potential outcomes for family driven, youth engaged care are amazing. Through our training and pilot efforts in 2021, and our continued implementation in 2022, we will achieve shorter lengths of stay (in foster home or residential care) and improved family relationships for youth.

As 2022 unfolds, we will add a variety of resources to our Family Engagement Model. We look forward to sharing our amazing results in our next Annual Report.

All the best,

President and CEO

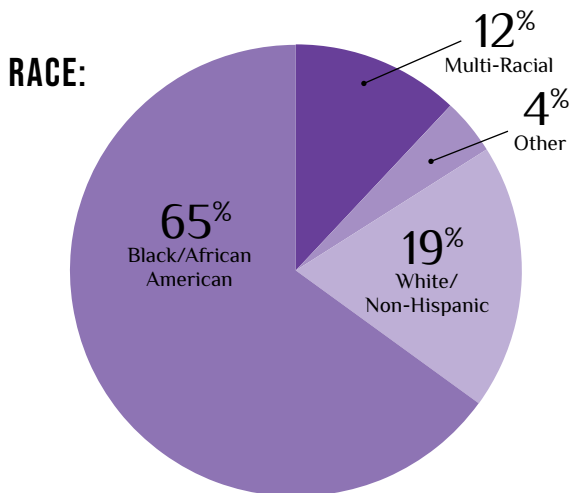
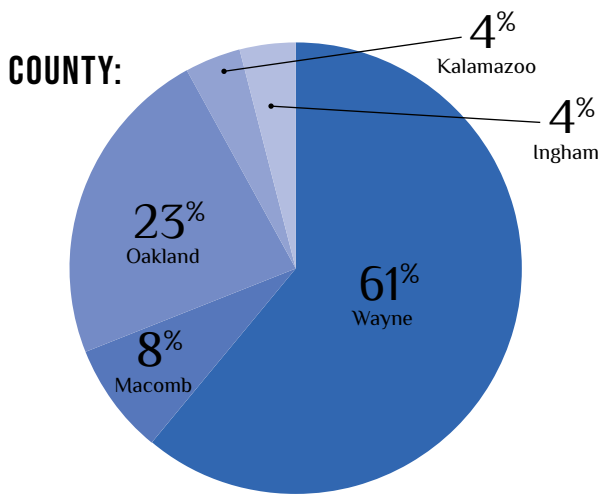
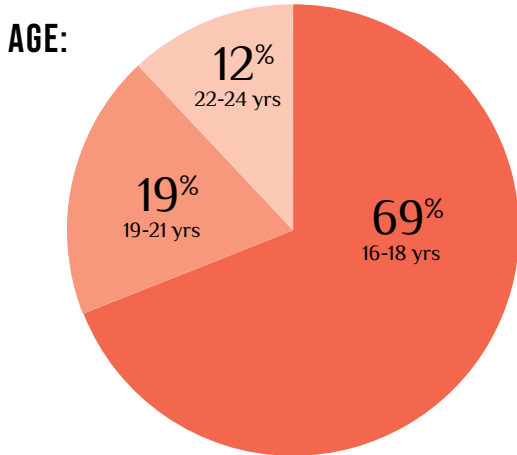


2021 Clara B. Ford Academy graduate with staff

# ON CAMPUS TRANSITIONAL LIVING

TOTAL SERVED IN 2021: 26

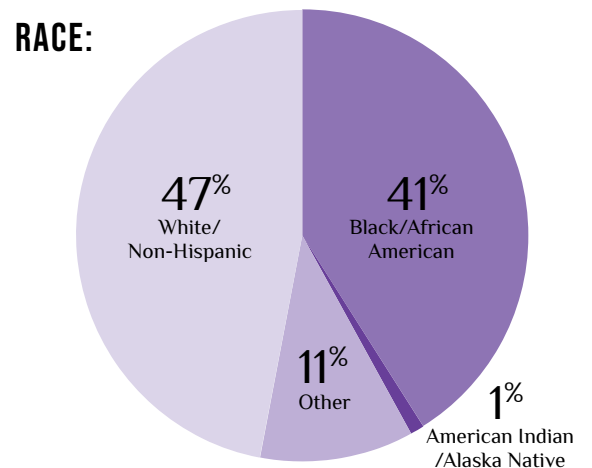
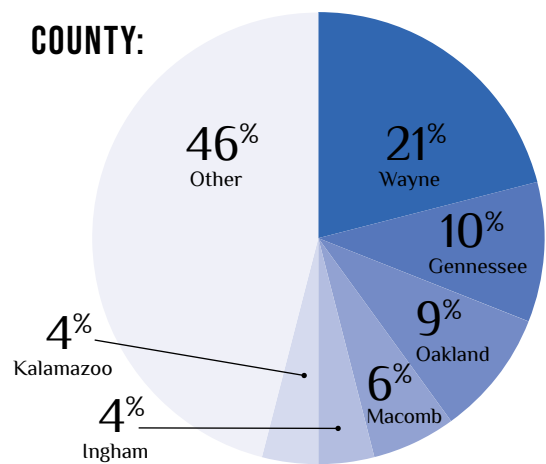
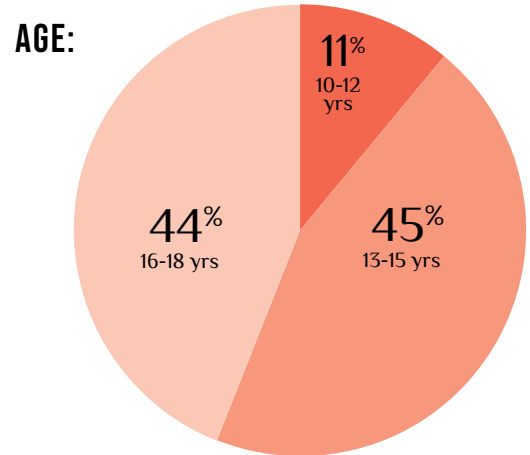
The Shepherd Hall Transitional Living Program offers safe and secure housing along with employment opportunities, career exploration, case management support, independent living skills building, mentorship and counseling to help each young person heal and build a plan for independence.



# RESIDENTIAL MENTAL HEALTH PROGRAMS

TOTAL SERVED IN 2021: 126

Vista Maria's Residential Mental Health Treatment Programs offer a range of specialized best practice models for delivering effective therapeutic treatment. The highly individualized continuum of care in a residential setting helps youth feel safe, build restorative relationships and see a future of possibilities.



# JOURNEY TO SUCCESS

TOTAL SERVED IN 2021: 126

Youth in our residential treatment programs participate in after school programming called Journey to Success (JTS). Journey to Success enhances our Residential Mental Health Programs through expressive therapies, mentoring, academic support and life skills training. Supportive team members provide youth with opportunities to engage in activities and discover new skills and abilities.

# COMMUNITY INDEPENDENT LIVING

TOTAL SERVED IN 2021: 76

Vista Maria provides community based living options for teens and young adults who need safe, affordable housing throughout Metro Detroit for teens and young adults who need safe affordable housing provided by caring adults. Services include case management to ensure employment, life skills development, mentoring and counseling supports are provided.

FEMALE: 54 = 71% MALE: 22 = 29%

# WRAPAROUND PROGRAM

FAMILIES SERVED IN 2021: 19

Vista Maria's Wraparound Program provides the support that families need to remain in the community. Through the voluntary program, a Vista Maria specialist aids a family to develop their goals and the plans to achieve success. The Wraparound Program is focused on family-defined success, honoring the voice and choice of all family members.

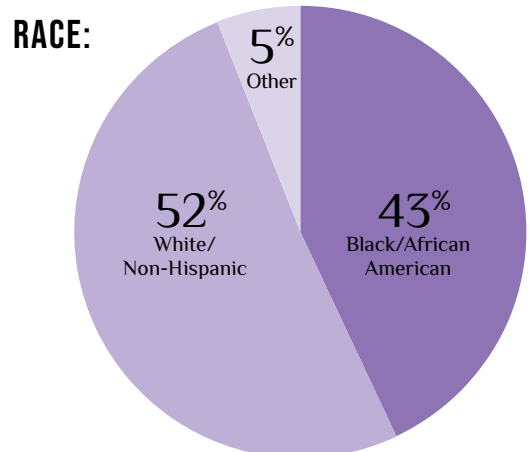
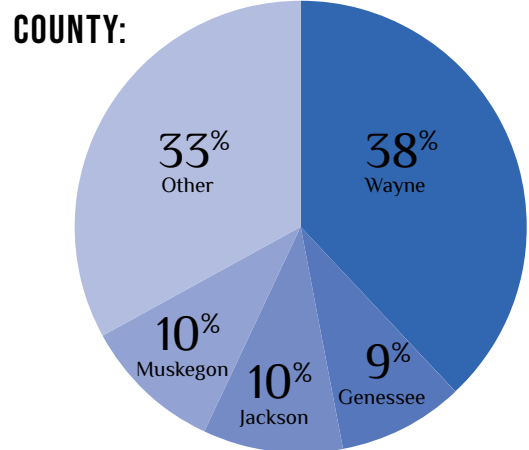
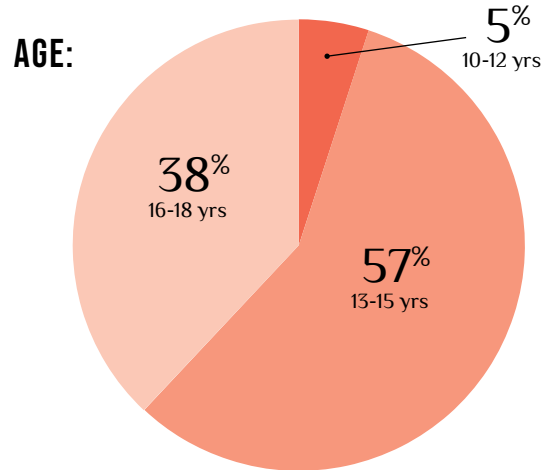


# HUMAN TRAFFICKING

## WINGS SURVIVOR TREATMENT PROGRAM

TOTAL SERVED IN 2021: 21

Vista Maria's Wings Program provides a multitude of services to address the unique needs of youth survivors. The Vista Maria Wings program is now a continuum from emergency stabilization to mental health treatment and ultimately to community reintegration to ensure wellness and restoration. With the addition of the Aaron and Helen L. DeRoy Freedom Center and an Emergency Intake Wing we are on the forefront of full continuum healing and advocacy for young survivors.



# INTENSIVE AFTER CARE

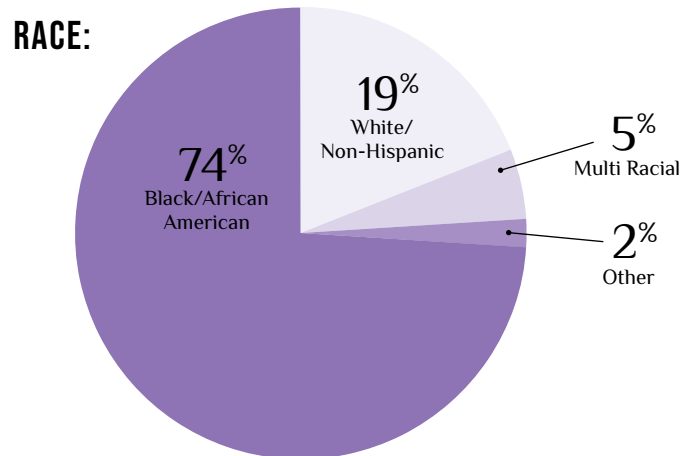
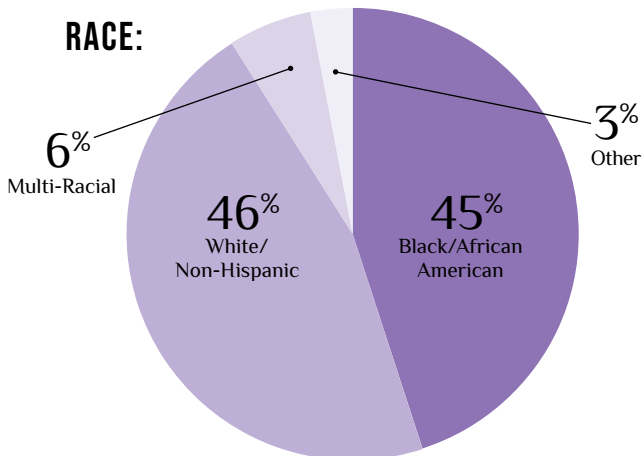
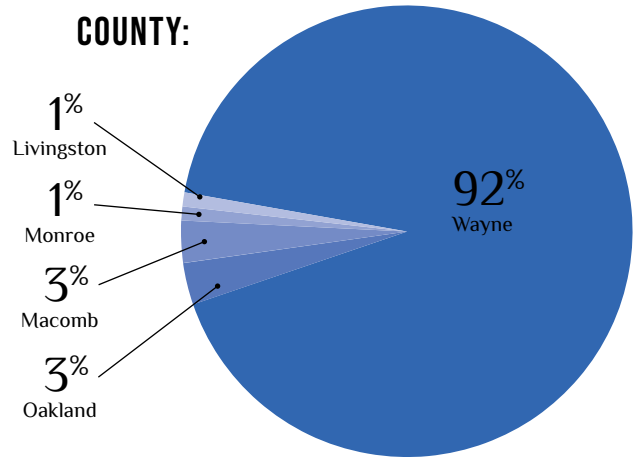
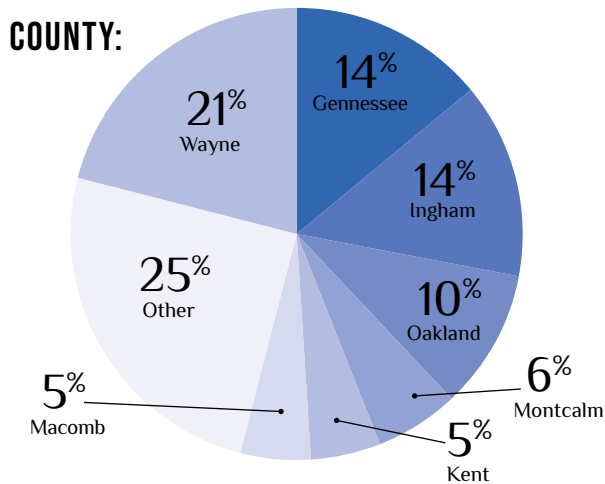
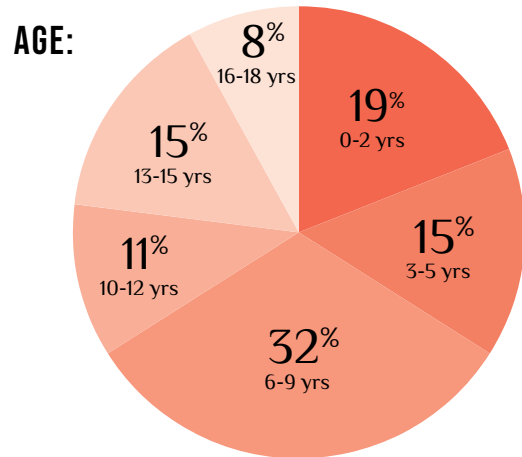
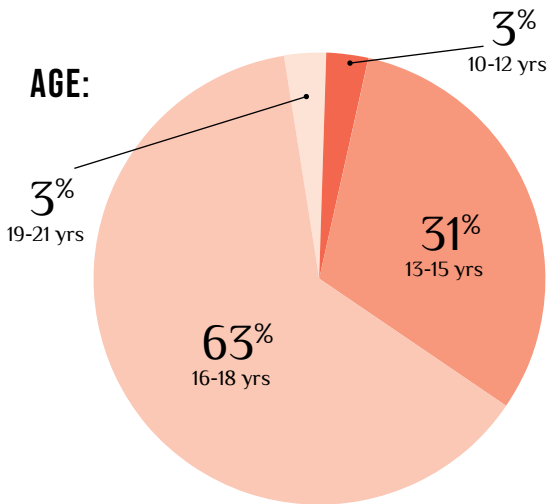
TOTAL SERVED IN 2021: **62**

Vista Maria's Intensive Aftercare Program begins the moment a youth enters our care. Our aftercare team members begin the process of successful discharge by supporting the family immediately and then continues a minimum of 6 and 12 months or more post discharge. Our team members are dedicated to family success.

# FOSTER CARE

TOTAL SERVED IN 2021: **227**

Vista Maria provides General and Treatment Foster Care programs for youth ages 0-25. Our dedicated foster care team provides the highest level of support, training and resources to families and children throughout the licensing and fostering process. We know that families bring love and security so that every child has a family.



# 2021 FINANCIALS

## CURRENT ASSETS

Cash and Cash Equivalents	\$11,153,000
Investments	\$10,949,949
Accounts Receivable	\$5,560,014
Prepaid Expenses	\$370,299
Fixed Assets-Net	\$15,714,832
<b>TOTAL ASSETS</b>	<b>\$43,748,094</b>

## LIABILITIES AND NET ASSETS

### Current Liabilities

Accounts Payable	\$276,463
Accrued/Other Liabilities	\$1,743,103
Notes Payable	\$1,647,334
Intercompany Loan	\$1,800,000
Pension Liability	0
<b>TOTAL LIABILITIES</b>	<b>\$5,466,900</b>

### Net Assets

Without Donor Restrictions:	
Undesignated	\$20,196,084
Investment in Capital Assets - Net	\$14,067,498
Board Designated	\$3,121,847
With Donor Restrictions	\$895,765
<b>TOTAL NET ASSETS</b>	<b>\$38,281,194</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>\$43,748,094</b>

## REVENUE

Program	Amount	Percent of Total
Direct Care/Programming Fees	\$15,805,328	54.3%
Care Management Org./Service Rev.	\$9,704,494	33.4%
Contributions and Program Grants	\$3,309,195	11.4%
Rental Income	\$246,877	0.8%
Other Supportive Services	\$20,200	0.1%
<b>TOTAL REVENUE</b>	<b>\$29,086,094</b>	<b>100.0%</b>

## EXPENSE

Program	Amount	Percent of Total
Direct Care/Programming	\$22,030,246	84.5%
<b>Supporting Services</b>		
Management and General	\$3,318,758	12.7%
Fundraising	\$731,455	2.8%
<b>TOTAL EXPENSES</b>	<b>\$26,080,459</b>	<b>100.00%</b>

**Change in Net Assets From Operations** **\$3,005,635**

Other Changes in Net Assets \$5,527,506

**TOTAL CHANGE IN NET ASSETS** **\$8,533,141**

## 2021 DONORS

We thank our many donors and partners who make our missional work come to life. It is with your courage, vision, love and your unwavering support that we are able to empower youth to live a life beyond trauma. In an effort to be more environmentally conscious, we now publish a listing of our donors on our website. Visit [vistamaria.org](http://vistamaria.org). Thank you for your volunteer, prayer and financial support.

## 2021 EXECUTIVE LEADERSHIP

### Angela Aufdemberge

President & CEO

### Meredith Reese

Chief Integrated Behavioral Health Officer

### Kathy Regan

Chief Financial Officer

### Mary Vogt

Chief Development Officer

### Karen Hall

Vice President of Academic Development Programs

### Shavonne Brown

Director of Human Resources & Quality

### Kelly Small

Director of Vista Affordable Housing Programs

### Michael Smith

Director of Foster Care & Community Independent Living Programs

## 2021 EXECUTIVE COMMITTEE

### James Bernacki

Retired, Senior Vice President  
Comerica Bank (Board Chair)

### Donna England

Retired, Chief Accounting Officer  
DTE (Vice Chair)

### Gregory Spinazze

Vice President, Wealth Strategy Partners  
(Secretary)

### Russell Agosta

Retired Partner, Grant Thornton LLP  
(Treasurer)

### Sister Dorothy Doyle

Sisters of Our Lady of Charity of the Good Shepherd  
(RGS Representative)

### Harold Dubrowsky

Financial Consultant  
Member at Large

### Carol Taylor

Retired, Amerisure Insurance  
Member at Large

## 2021 BOARD MEMBERS

### Michelle Bain

President, MDB & Associates PLLC

### Dawn Connors

Branch Owner/Sr. Loan Officer,  
Mortgage One

### Rhonda Davenport-Johnson

EVP & Director of Retail &  
Small Business, Comerica Bank

### Josie Hunwick

Retired Partner, Grant Thornton LLP

### Jayashree Inshwar

Retired, Chief Underwriting Officer,  
Amerisure Mutual

### Elizabeth James

Automotive Professional

### \*Paul Morris

Head of Strategic Finance,  
Alix Partners

### Shannon Quinn

President, Original Equipment  
US & Canada Consumer Tires,  
Bridgestone Automotive

### Beth Rose

Chief Compliance, Ethics and Integrity  
Officer & Assistant General Counsel,  
Ford Motor Company

### Jeffrey Sokolowski

Director, Robert Half International

### Mary Williams

Vice President, Insurance Exchange

### Margaret Warner

Retired, Director  
State of Michigan

\*In Memoriam of Paul Morris's service as a board member, 2007-2021.

