

# VISTA MARIA

## WINGS:

## Human Trafficking Treatment and Reintegration Program

The Wings trauma informed treatment program provides adolescent survivors of human trafficking with care, support and education. We at Vista Maria bring our Fearless Heart to see beyond trauma and ignite a life of possibilities, so that survivors can overcome their pasts. We are courageous in our compassion and bold in our support to provide healing and space to grow. Survivors entering into the Wings program must be between the ages of 11-18.

### OUR FOCUS

Vista Maria is a place for youth and their families to realize a life beyond trauma and ignite a life of possibility. We are fearless in our commitment to keep them safe, to make them strong and our courageous compassion finds new ways to bring wholeness and possibility to those who need it most.

### ABOUT VISTA MARIA

We know that it takes a Fearless Heart to overcome the challenges of abuse and trauma and move forward. An unwavering courage, limitless love and positive vision that was embodied in 1883 by our founder, Sister Mary Euphrasia and carried on today by each one of us. What began as a home for girls and women in need has evolved to encompass mental health services, education, after school care, foster care, adoption, independent living, care for the survivors of human trafficking and advocacy for the welfare of children.



### SURVIVOR CENTERED APPROACH

#### Mental Health Stabilization includes:

- Individualized monthly psychiatric and weekly therapy provided by licensed clinicians and certified trauma specialists.
- Creative therapy groups including art, music and dance.
- Experiential activities such as health, self care and building healthy relationships.
- Family therapy and visitations.

#### Community re-integration includes:

- Life skills development
- Education continuation (on and off campus)
- Community outings
- Community service projects
- Mentoring
- Transitional living skills
- Employment and career development
- Leadership development

*“We met at the mall. He said he loved me and promised to take care of me. Then he threatened to kill my sister if I didn’t do what he wanted. I was ashamed, but didn’t want anything bad to happen to my little sister.”*

### HUMAN TRAFFICKING OF OUR CHILDREN

- Up to 800,000 victims are trafficked annually within the United States
- 50% of trafficked victims are under 18 years of age
- 199,000 incidents of sexual exploitation of minors occur each year in the United States

### RISK FACTORS AND INDICATORS

- Child’s age
- History of physical and sexual abuse in the home
- Chronic runaway
- Homelessness
- Significant older boyfriend
- Special marked tattoos
- Substance abuse
- Involvement in the child welfare system or juvenile justice system
- Evidence of being controlled
- Inability to move or leave job
- Bruises or other signs of physical abuse
- No passport or other forms of identification
- Not speaking own behalf

### FOR MORE INFORMATION CONTACT:

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