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Volume 26 | March 2023

# VISTA MARIA

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## Volunteer News

**You protect. You encompass. You embolden. You empower.**

Hello Friends,

We're just a few weeks away from one of the most important events of the year - National Volunteer Week! This year, it falls between April 16th and 22nd, and we can't wait to celebrate it with all of you!

We have some fantastic events and activities planned for National Volunteer Week, including campus beautification projects, a friendly competition called "Themed Activity Carts," and a few residential activities too!

Thank you for being a part of our community of volunteers and for making the world a better place, one act of kindness at a time.

All the best,

Jessica

Jessica Marcetti, MA, CVA  
Senior Manager, Community Engagement

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## Volunteer Opportunity: George Blaha's High Hopes Golf Invitational

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Each year, volunteers are what make our fundraising events successful!

Help us raise funds to support our life-changing programs by volunteering at this year's High Hopes Golf Invitational.

**Are you available to help on May 15th?**

**We need volunteers to:**

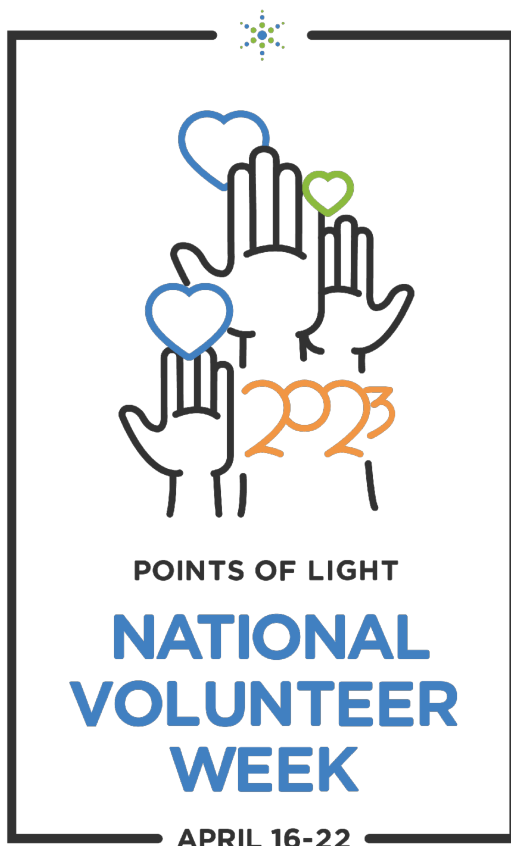
1. Sell raffle tickets
2. Assist with golf games (dart board, longest drive, and golf canon)
3. Pack up and move auction items



**Contact Maddie Phillips** for more info!

**Or Click Here to Sign Up!**

## **Volunteer Opportunity: Volunteer Week 2023 Activities**



National Volunteer Week is April 16 - 22, and Vista Maria is offering some fun activities planned! If you are interested in getting back to in-person volunteering, this is your chance!

Our team has put together a diverse schedule of volunteer events to choose from—Anything from campus beautification to facilitating an activity night with our youth – Bingo, crafts, tie-dye, and more!

We're also hosting a friendly competition between volunteer groups where you can put your creative energy to work to build a themed activity cart! Each team will have an opportunity to decorate their own cart that should include an activity, snack, or takeaway for our residential youth. Each team will bring their cart around to the buildings on campus, and at the end of the week, the youth will vote on their favorite one. See our **handout** for theme ideas and more details. Please note that all activities and supplies will need to be provided by our volunteers.

**Sign Up Now!**

\* The suggested number of volunteers per activity is flexible.  
Contact Maddie Phillips at 313-271-3050 ext. 221 or [mphillips@vistamaria.org](mailto:mphillips@vistamaria.org).

**We hope to see you all on campus during National Volunteer Week!**

# Rose Hall is Reopening!

We are pleased to announce the reopening of Rose Hall - scheduled for March 29th, 2023. We expect that two youth will move at the start, followed by another two youth in the second week, and the building will fill quickly to a total of twelve youth in the program.

As you may recall, Rose Hall was temporarily closed for repurposing efforts in early 2022. The temporary closure allowed the agency to more effectively 1) combat labor shortage issues and build staffing efficiencies, 2) make needed repairs to Rose Hall, and 3) focus staffing and efforts on the Mental Health Behavioral Stabilization (MHBS) pilot in Beata Hall.



The repurposing of Rose Hall was a massive undertaking made possible through the collective efforts and teamwork of many fearless hearts. As we prepare to welcome youth back into this updated space, we still need some supplies from our Amazon and Target wish lists.

## Help Us Make This Hall a Home

- Arts & crafts supplies
- Stuffed animals
- Cute comforter sets
- Bins and organizers
- Coloring books
- Hairbrushes
- Board games
- Sweatpants and comfy shorts

[Shop Target](#)

[Shop Amazon](#)

## Labor Trafficking Lunch and Learn with Migrant Legal Aid (SW Michigan)

**Lunch and Learn: Labor Trafficking**

Brought to you by:  
Southwest Michigan  
Human Trafficking  
Task Force  
a member of  
**MAP**

**FRIDAY 14 APR 12 PM**

**Save the Date!**

**SPEAKER**  
**Ben O'Hearn**

**Friday, April 14, 2023**  
12:00 pm - 1:00 pm  
Cornwell Health (Spectrum Health  
Lakeland)  
2550 Meadowbrook Road  
Benton Harbor, MI 49022

Please join us for a lunchtime presentation and training on Labor Trafficking. It can be surprising for many to learn that Labor Trafficking happens in Michigan, and even especially in West Michigan. We are looking forward to hearing from Ben O'Hearn, Litigation Director and Attorney at Migrant Legal Aid about what Labor Trafficking is and what it looks like in Michigan.

[Register Now](#)

## Self-Care Corner: Spring Cleaning

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As the flowers begin to bloom and the weather gets warmer, spring calls us into a new season. Spring is known for the awakening of animals, the leaves on the trees begin to grow, and the amount of time that it is light outside is longer.

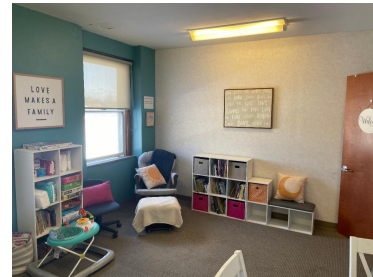
The season of Spring can also call us to declutter our homes. The act of cleaning and reorganizing can symbolize a cleanse, creating space for you to think. Washing your home is a great way to create space for new creative projects around the house, ultimately leaving you refreshed and restored.

You can declutter toxic relationships, bad habits, negative talk, and negative thoughts. This kind of spring cleaning can rejuvenate your mental well-being and physical health, which creates room for positive friendships, reflection, and mindfulness. Remember to take out time for yourself this April and care for yourself.



## Volunteer Spotlight: Lear's GROW Group

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The fabulous ladies from Lear's GROW group totally transformed our foster care family visiting room! They installed wallpaper, organized the books and games, hung art on the walls, repaired the furniture, and cleaned the entire space from top to bottom! One of their generous members even took our area rugs home with her to be professionally cleaned!

This room is an important piece of the family reunification process, and we are so excited to offer this warm and welcoming space for families visiting with their children on campus. Thank you, Lear!

## Save Our Dates!

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**Join us at one of our signature  
events this spring and summer!**





Whether you play a round of golf, join us for dinner, or volunteer to help make each event a success, we hope to see you there!

Visit [vistamaria.org/events](https://vistamaria.org/events) to register or learn more!

## Upcoming Events:

### **George Blaha's High Hopes Golf Outing**

Monday, May 15, at Tam-O-Shanter Country Club

### **Ford Purchasing Golf Outing**

Monday, June 5, at Dearborn Country Club

### **Fearless Heart Gala**

Thursday, July 13, at One Campus Martius

### **Women Fore! Women**

Tuesday, August 8, at Fox Hills Golf and Banquet Center

### **Empowerment Lunch**

Tuesday, September 12, at the Detroit Athletic Club

### **Dolly Drive**

Thursday, October 12, at Detroit Shipping Company

## Stay in Touch!

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