



UNITED

**VISTA
MARIA**



ANNUAL REPORT 2022

A COMMUNITY OF FEARLESS HEARTS



Vista Maria's philosophy of care provides a framework of guiding principles that reflects our mission, values, competencies and how we will work with families and their children. The philosophy empowers our employees to work with families and youth so that they can seek and achieve their goals and dreams. The four guiding principles to our philosophy of care are: Values Matter, Compassion for One Another, Education is Power and Families United. Over our 140 years of service, we know that it takes courage to aid others so that they can move beyond past trauma and ignite a life of possibility.

OUR MISSION

We foster restorative relationships and deliver innovative care, treatment and education so that vulnerable youth and families believe in their worth, heal and build the skills for success.

OUR VISION

All children, families and communities achieve success through continuous learning and relationships that promote personal, professional and family well-being.

HELPING YOUNG PEOPLE AND FAMILIES FIND EACH OTHER!

In 2022, Vista Maria leadership emerged themselves in training, coaching and consulting with experts in the field. We then launched our Family Driven Youth Engagement Model and rolled out additional training to all staff. Working together with parents, we are finding new ways to put the family first. We implemented a Parent Advisory Council, developed the role of Parent Ambassador, and hosted on-campus Family Engagement Events and Therapeutic Weekends. In early 2023, we recruited our first Parent Ambassadors to collaborate with parents, enabling them to effectively support their children's journey towards healing and permanency. Our focus on Family Driven Youth Engaged care enabled us to help Barbara. Barbara was trafficked and experienced substance abuse and self-harm. When Barbara entered our treatment program, she was lonely and withdrawn. Both her parents suffered from addiction, and she had no family connection for many reasons. While at Vista Maria, our team was able to find and connect with Barbara's grandmother. Over time, both received counseling and restored their relationship. Because of our family engagement efforts, Barbara started to believe in her self-worth, found hope and reason to focus on her treatment. One family connection over time led to hope, healing and reunification. Our role is to empower families so that their youth can heal and build the family for success today, tomorrow and for a lifetime.



A LETTER FROM VISTA MARIA'S PRESIDENT

Dear Vista Maria Supporter,

2022 was a monumental year for Vista Maria. Despite the previous trials of the COVID-19 pandemic, we rose to the occasion advocating for youth in our care. Our leadership team was on a tremendous endeavor and did not give up on working with the State of Michigan to finally receive residential rates that are equitable in today's economic growth. We also received the most grants for our programming in the history of Vista Maria. These partnerships between our Marketing and Fund Development team and generous donors enables our programs to further empower youth to move beyond trauma, heal and build a success filled life. As we see residential changes in the industry, our Family Driven Youth Engagement Model is specifically designed to decrease those lengths of stay and improve family relationships for the youth. Over the past two years, our foster care services have grown each year with at least thirty new youth we are protecting and empowering.

Our Wraparound Program that provides the support that youth and their families need to thrive in the community has grown 40% just since last year. We are blessed to have a great team that is living our values every day. Although there may be a change in the residential landscape to come for all residential programs across the state, we are looking at this as an opportunity for our Family Driven Youth Engagement Model to be embraced by those we serve.

As I say farewell, I reflect upon my tenure here at Vista Maria. We have grown from a \$19 million budget to a \$33 million organization with the acquisition of Insight Youth and Family Connections and the Michigan Abolitionist Project and the formation of Vista Affordable Housing. Under my leadership, we have embraced a commitment to Trauma Informed Care and have trained our entire staff to use this philosophy in all interactions. I will continue to be a fearless advocate for foster youth rights and services, as well as adolescent survivors of human trafficking. I invite you to wrap around our new leader with welcoming support and encouragement.

All the best,

Angela Aufdemberge
President & CEO

2022 MISSIONAL IMPACT



24
FAMILY
REUNIFICATIONS
FOR FOSTER CARE



12
FAMILY
REUNIFICATIONS
IN RESIDENTIAL

253
YOUTH SERVED
IN OUR FOSTER CARE
PROGRAMS



507
VOLUNTEERS



22
ADOPTIONS



47
FAMILIES
SERVED IN COMMUNITY
WRAPAROUND
PROGRAM

CORE VALUES

Driven by courage, love and vision, the Vista Maria team demonstrates our core values every day. These values guide how we approach our work and relationships with our young people, families, staff and community.

INDIVIDUAL WORTH

ONE'S OWN WORTH AS A PERSON

We are passionate about people. We value the intrinsic dignity and inherent worth of each person. We celebrate the diverse spiritual, cultural heritage and background of each individual. We strive to treat each person with respect and give everyone the opportunity for growth and individual expression.

RECONCILIATION

RESTORATION OF RELATIONSHIPS

We value effective teams, working together in harmony and resolving conflicts that promote respectful, courageous communication. We empower our employees, youth and families to achieve positive change and to reach peace in their relationships with family and society.

MERCY AND COMPASSION

LOVE THAT PARDONS

We demonstrate compassion, kindness and genuine concern for others in all of our actions. We recognize that everyone makes mistakes and needs support from others to be restored to physical, psychological and spiritual health.

ZEAL

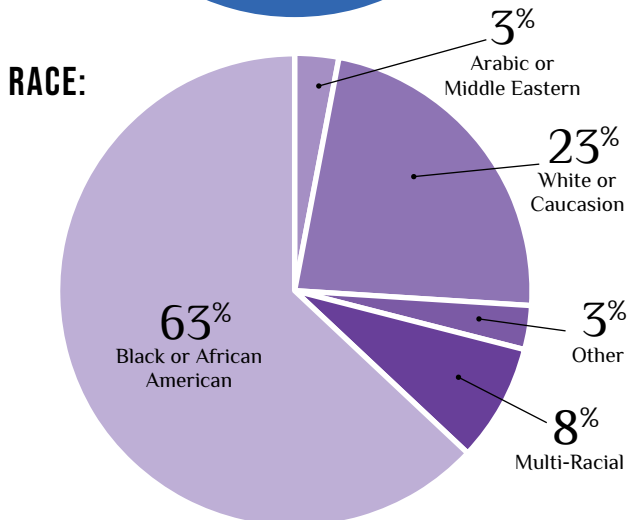
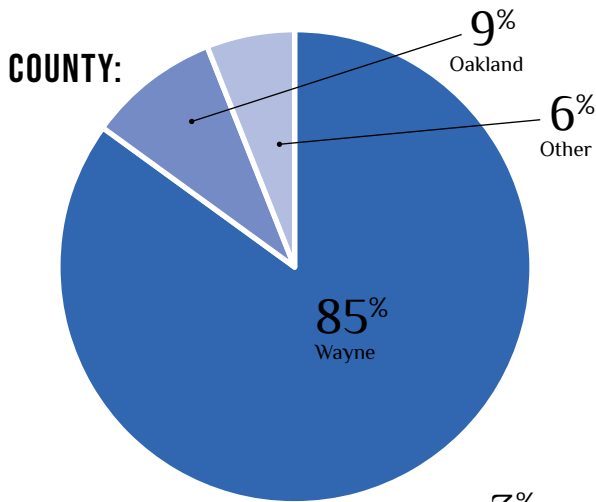
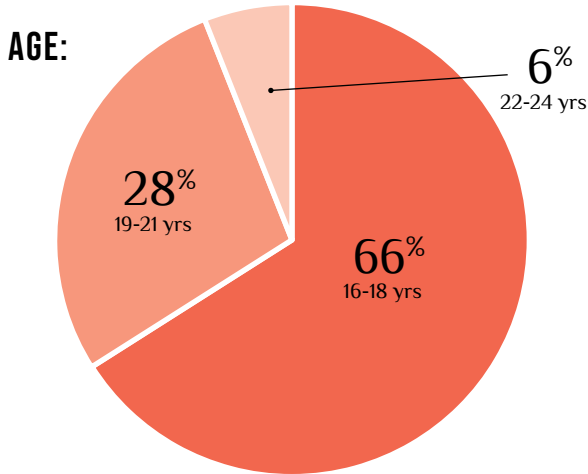
LOVE AND KINDNESS IN ACTION

We value the passionate giving of our time and talent to the welfare of others for the betterment of the world. We drive and support change that effectively delivers results with creativity and flexibility. We maintain enthusiasm and endurance even when circumstances are very difficult and discouraging.

ON CAMPUS TRANSITIONAL LIVING

TOTAL SERVED IN 2022: 35*

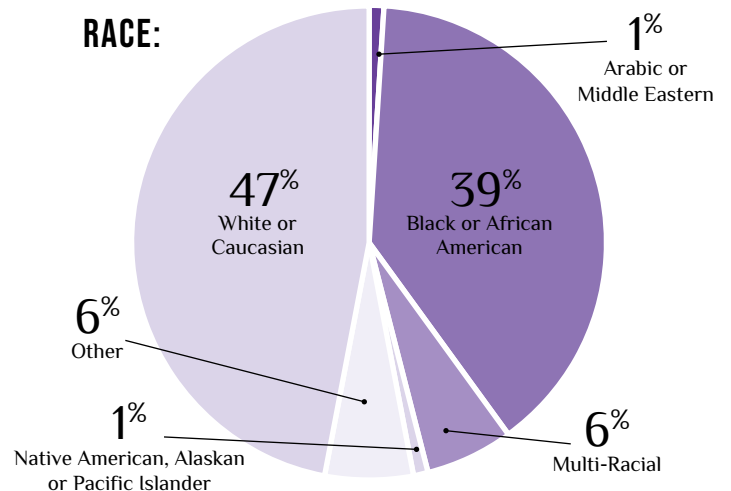
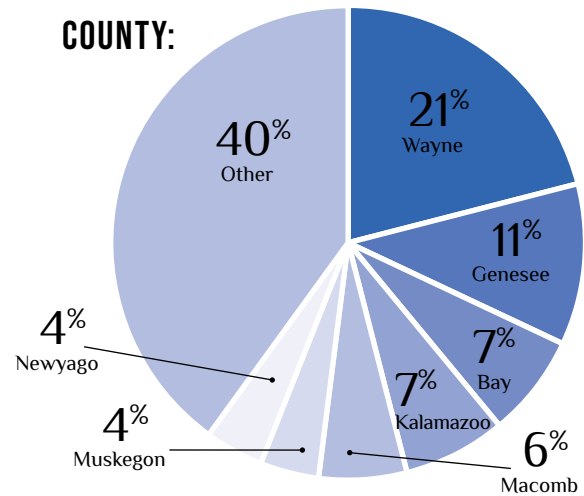
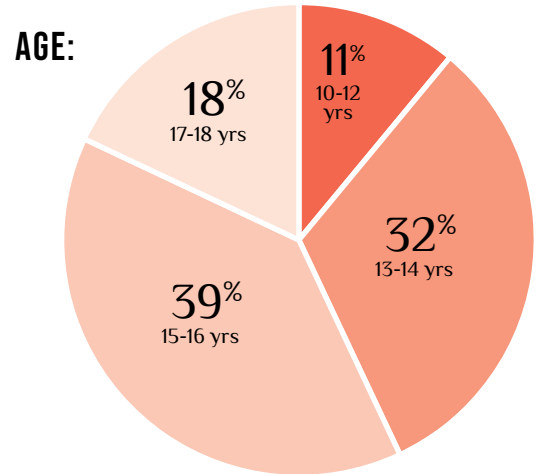
The Shepherd Hall Transitional Living Program offers safe and secure affordable housing along with employment opportunities, career exploration, case management support, independent living skills building, mentorship and counseling to help each young person heal and build a plan for independence.



RESIDENTIAL MENTAL HEALTH PROGRAMS

TOTAL SERVED IN 2022: 72*

Vista Maria's Residential Mental Health Treatment Programs offer a range of specialized best practice models for delivering effective therapeutic treatment. Highly individualized treatment plans in a residential setting helps youth feel safe, build restorative relationships and see a future of possibilities.





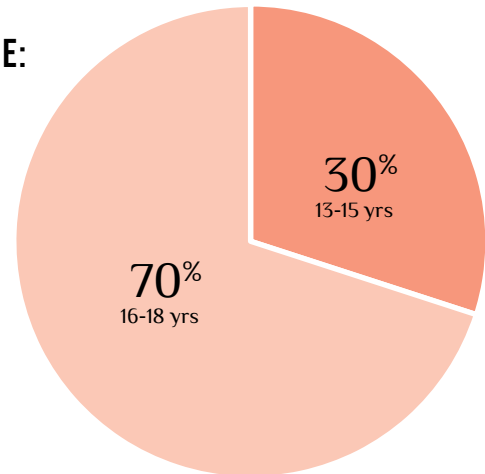
HUMAN TRAFFICKING

SURVIVOR-CENTERED WINGS PROGRAM

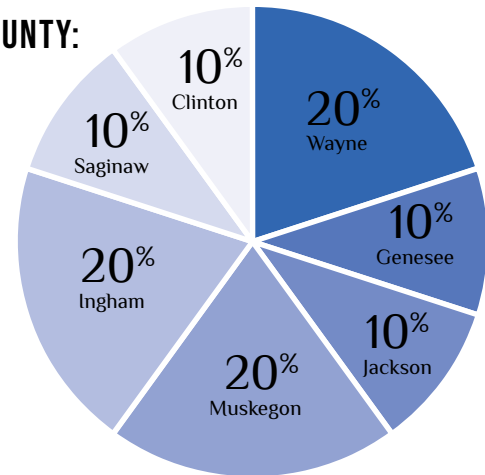
TOTAL SERVED IN 2022: **10***

Vista Maria's Wings Program provides specialized care to address the unique needs of adolescent female survivors. The Wings Program provides critical services for survivors, from emergency stabilization to mental health treatment and ultimately to community reintegration to ensure wellness and restoration. With the addition of the Aaron and Helen L. DeRoy Freedom Center and Emergency Intake Wing, we are on the forefront of full continuum healing and advocacy for young survivors.

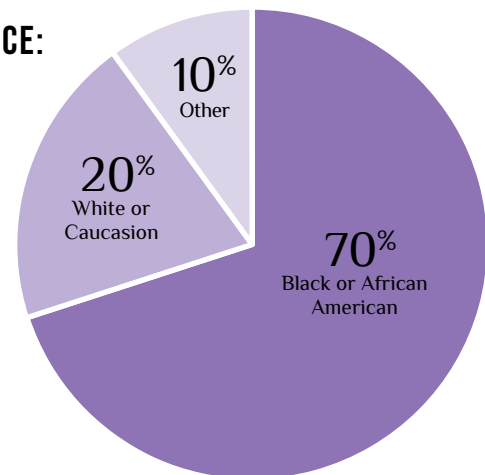
AGE:



COUNTY:



RACE:



JOURNEY TO SUCCESS

TOTAL SERVED IN 2022: **72***

Youth in our Residential Mental Health Treatment Programs participate in afterschool programming called Journey to Success (JTS). Journey to Success enhances our Residential Mental Health Treatment Programs through expressive therapies, mentoring, academic support, team sports and life skills development. Supportive team members provide youth with opportunities to engage in extracurricular activities and discover new skills and abilities.

COMMUNITY INDEPENDENT LIVING

TOTAL SERVED IN 2022: **60***

Vista Maria provides community-based living options for teens and young adults who need safe, affordable housing with the additional support of caring adults throughout Metro Detroit. Services include case management, employment support, life skills development, mentoring and counseling.

FEMALE: 41 = 68% MALE: 19 = 32%

WRAPAROUND PROGRAM

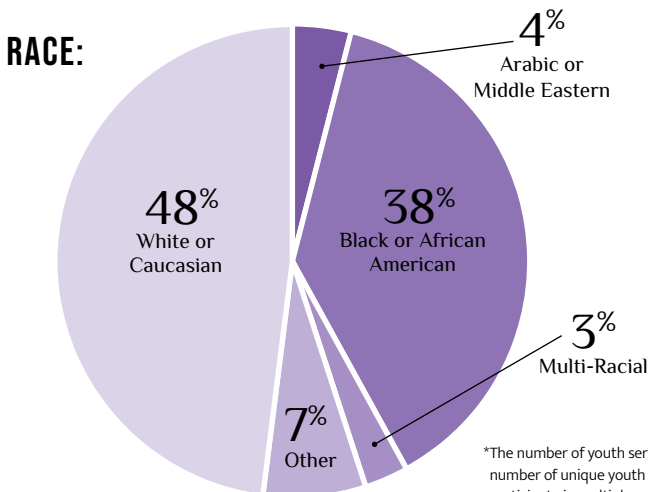
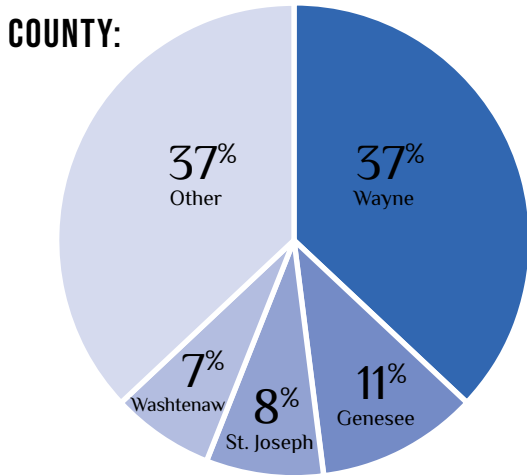
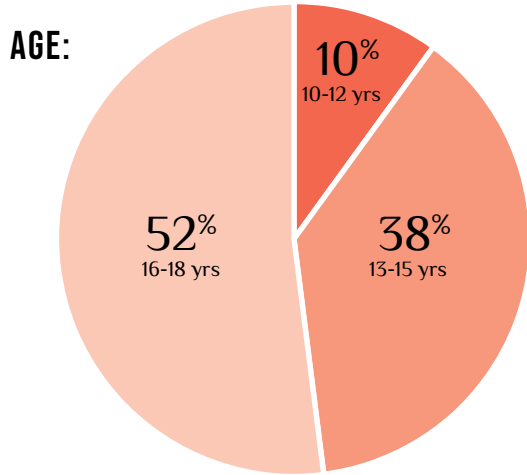
FAMILIES SERVED IN 2022: **47**

Vista Maria's Wraparound Program provides the support that youth and their families need to thrive in the community. Through this voluntary program, a Vista Maria specialist helps families develop unique goals and build effective plans to achieve success, honoring the voice and choice of all family members.

INTENSIVE AFTERCARE

TOTAL SERVED IN 2022: 29*

Vista Maria's Intensive Aftercare Program begins the moment a youth enters our care. Our aftercare team members begin the process of successful discharge by supporting the family immediately and continuing support for 6 to 12 months or more post-discharge. Our team members are dedicated to family success.

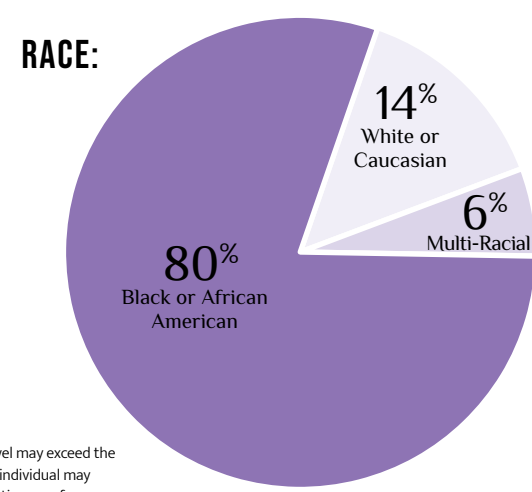
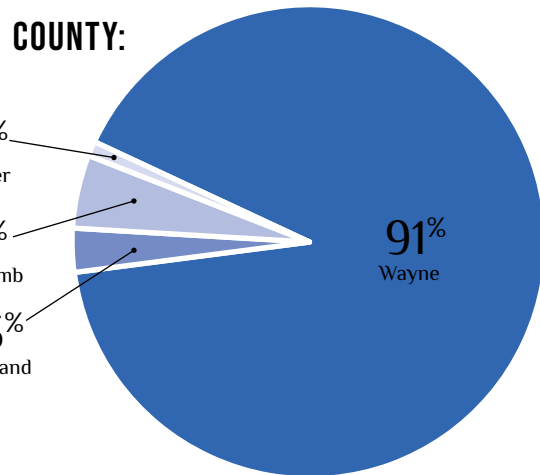
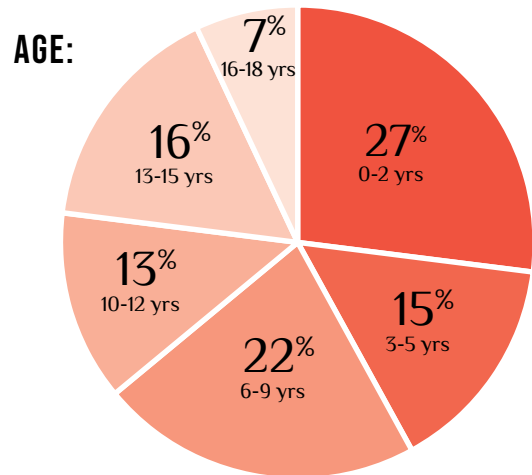


*The number of youth served at the program level may exceed the number of unique youth served in a year, as an individual may participate in multiple programs within our continuum of care.

FOSTER CARE

TOTAL SERVED IN 2022: 253*

Vista Maria provides General and Treatment Foster Care services for youth ages 0-25. Our dedicated foster care team provides the highest level of support, training and resources to families and children throughout the licensing and fostering process. We know that families bring love and security so that every child knows their worth.



2022 FINANCIALS

CURRENT ASSETS

Cash and Cash Equivalents	\$19,399,852
Investments	\$9,590,070
Accounts Receivable	\$4,814,060
Prepaid Expenses	\$382,196
Fixed Assets-Net	\$15,258,297
TOTAL ASSETS	\$49,444,475

LIABILITIES AND NET ASSETS

Current Liabilities

Accounts Payable	\$517,782
Accrued/Other Liabilities	\$1,738,161
Notes Payable	\$1,497,333
TOTAL LIABILITIES	\$3,753,276

Net Assets

Without Donor Restrictions:	
Undesignated	\$28,367,370
Investment in Capital Assets - Net	\$13,760,964
Board Designated	\$2,639,941
With Donor Restrictions	\$922,924
TOTAL NET ASSETS	\$45,691,199
TOTAL LIABILITIES & NET ASSETS	\$49,444,475

REVENUE

Program	Amount	Percent of Total
Direct Care/Programming Fees	\$20,686,633	58.5%
Care Management Org./Service Rev.	\$10,983,432	31.1%
Contributions and Program Grants	\$3,423,823	9.7%
Rental Income	\$203,988	0.6%
Other Supportive Services	\$41,811	0.1%
TOTAL REVENUE	\$35,339,687	100.0%

EXPENSES

Program	Amount	Percent of Total
Direct Care/Programming	\$24,106,518	83.6%
Supporting Services		
Management and General	\$3,915,452	13.6%
Fundraising	\$813,984	2.8%
TOTAL EXPENSES	\$28,835,954	100.00%

Change in Net Assets From Operations	\$6,503,733
Other Changes in Net Assets	\$906,272
TOTAL CHANGE IN NET ASSETS	\$7,410,005

2022 DONORS

We thank our many donors and partners who make our missional work come to life. It is with your courage, vision, love and support that we are able to give our youth a life beyond trauma. To be more environmentally conscious, we have opted not to print the donors' names but have published a full list of 2022 donors on our website at vistamaria.org. Thank you for your financial support.

2022 EXECUTIVE LEADERSHIP

Angela Aufdemberge President & CEO
Meredith Reese Chief Integrated Behavioral Health Officer
Kathy Regan Chief Financial Officer
Mary Vogt Chief Development Officer
Shavonne Brown Director of Human Resources & Quality
Kelly Small Director of Vista Affordable Housing Programs
Dawn Ames Executive Director of Michigan Abolitionist Project

2022 EXECUTIVE COMMITTEE

James Bernacki Retired, Senior Vice President Comerica Bank (Board Chair)
Donna England Retired, Chief Accounting Officer DTE (Vice Chair)
Russell Agosta Retired Partner, Grant Thornton LLP (Treasurer)
Gregory Spinazze Vice President, Wealth Strategy Partners (Secretary)
Sister Dorothy Doyle Sisters of Our Lady of Charity of the Good Shepherd (RGS Representative)
Harold Dubrowsky Financial Consultant Member at Large
Carol Taylor Retired, Amerisure Insurance Member at Large

2022 BOARD MEMBERS

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Jayashree Ishwar Retired, Former Chief Underwriting Officer, Amerisure Mutual
Elizabeth James Supply Chain Professional
Rhonda Davenport – Johnson EVP & Director Retail and Small Business, Comerica Bank
Rebecca Merriman Partner, Grant Thornton LLP
Shannon Quinn Vice President, Chief Commercial and Strategy Officer, Cooper Standard

Beth Rose Chief Compliance, Ethics, and Integrity Officer, Ford Motor Company
Jeffrey Sokolowski Senior VP & Director of Permanent Services, Robert Half International
Mary Williams Senior Account Executive, Insurance Exchange Agency





Founded by the Sisters of
the Good Shepherd



VOLUNTEER PROGRAM HIGHLIGHT – VISTA MARIA READS

Vista Maria Reads (VM Reads) served over 150 youth in Vista Maria's care and celebrated ten years of serving youth on our campus! Last year, the VM Reads "Book Ladies" visited Vista Maria's residential halls each month to distribute books to youth in our residential and transitional living programs. VM Reads also expanded its reach providing books to youth and families in our Foster Care Program, which included stocking the bookshelves of our on-campus family visiting room with an array of children's books. Here, parents can play and read with their children during their visits, strengthening their bond as they work towards reunification. The impact of this program on our youth is immense. Some youth have stated, "I hated reading, now I love it." and "It gave me better coping skills." Reading can truly change lives and has healing powers. Thank you to our dedicated volunteers in the VM Reads Program.